



# ***MODERN JU-JITSU***

**SYSTEM WALKI W SAMOOBRONIE**

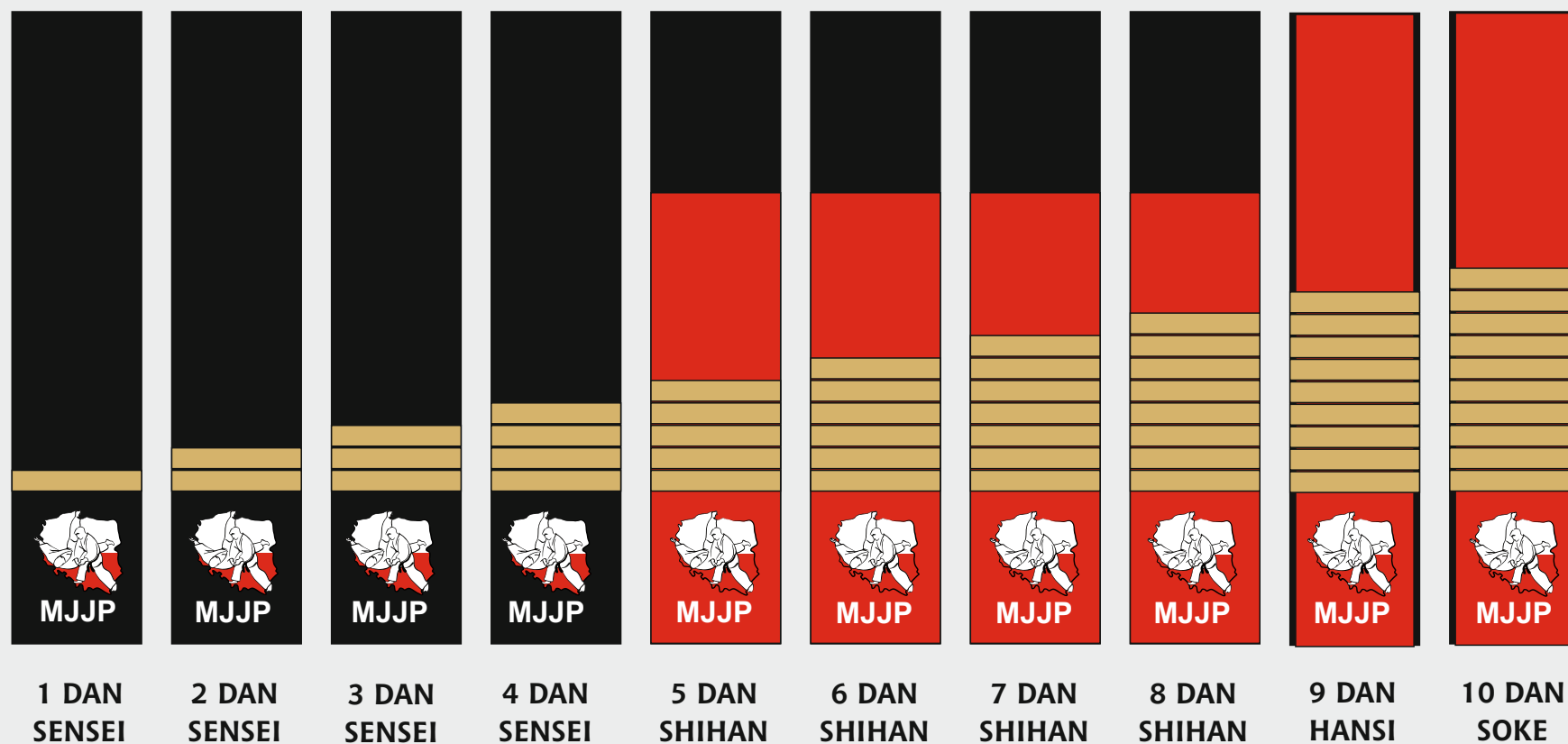
**SELF DEFENCE COMBAT SYSTEM**

**ARTUR HARAJ - SHIHAN 7 DAN MODERN JU-JITSU**

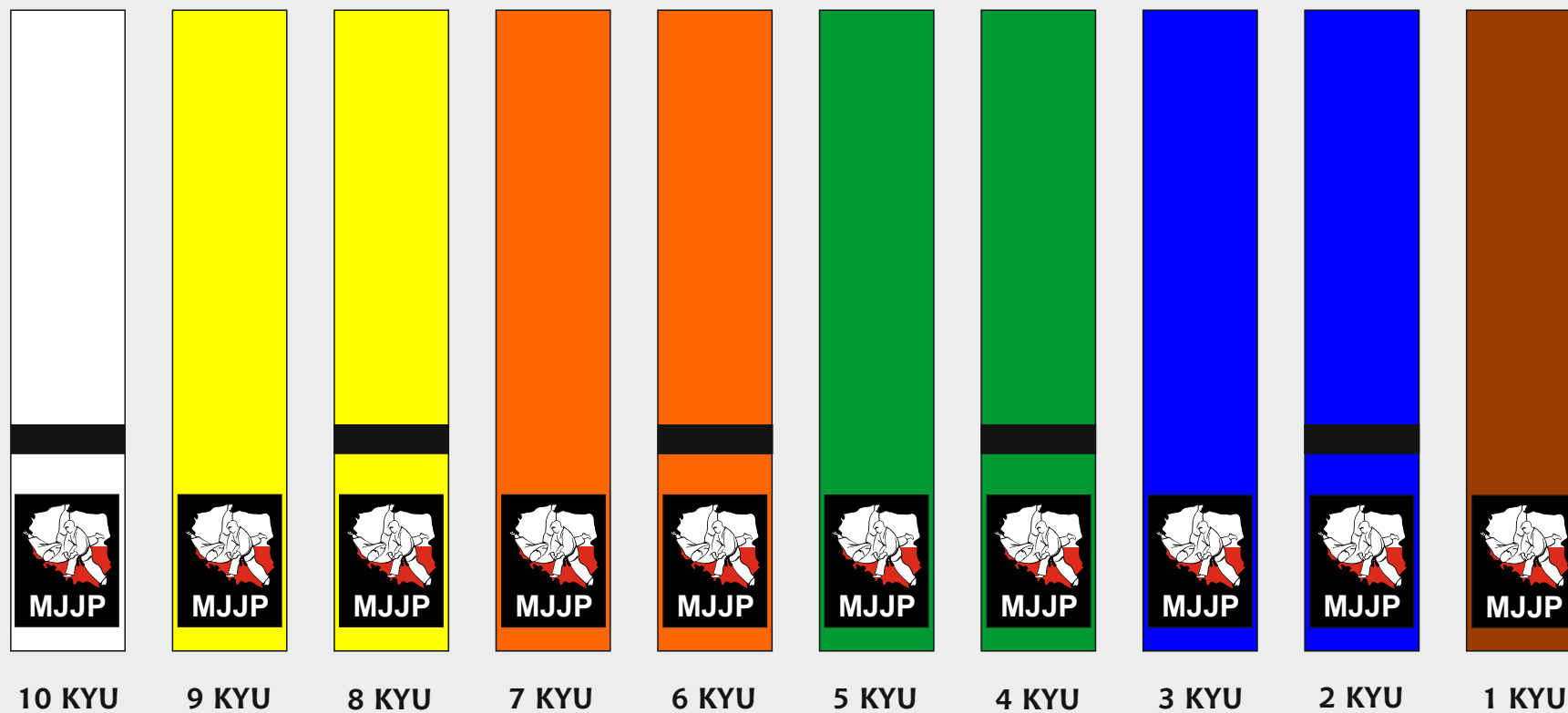
**PREZES I ZAŁOŻYCIEL MODERN JU-JITSU POLSKA**

**PRESIDENT & FOUNDER MODERN JU-JITSU POLAND**

# STOPNIE MISTRZOWSKIE MJJP

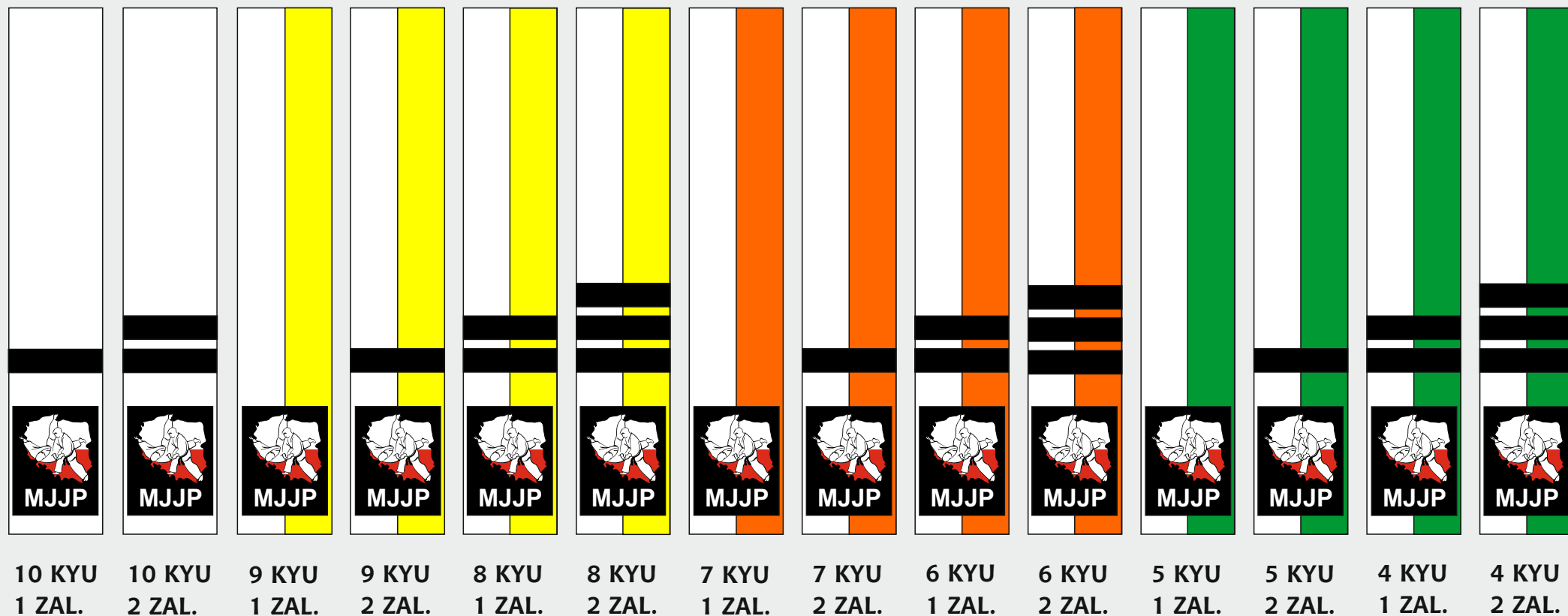


# ***STOPNIE UCZNIOWSKIE***



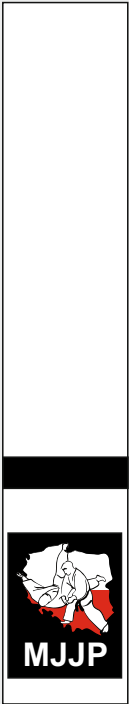
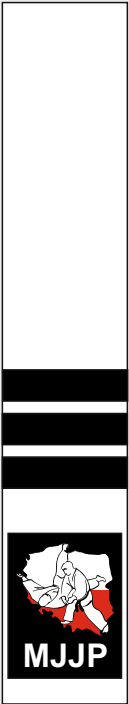
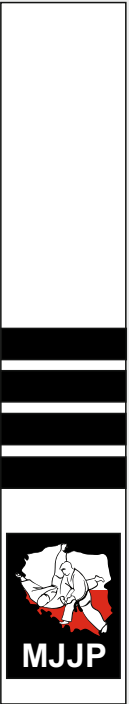
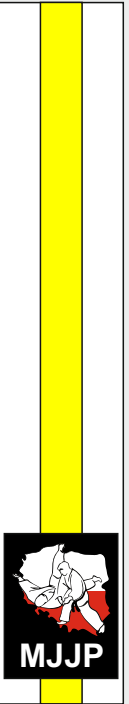
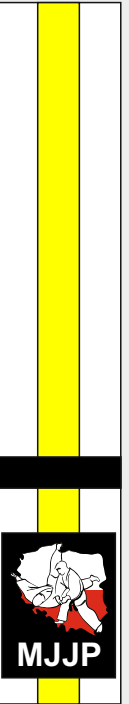
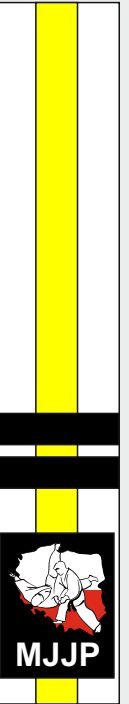
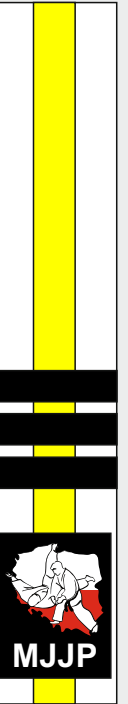
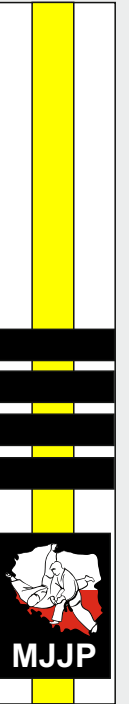
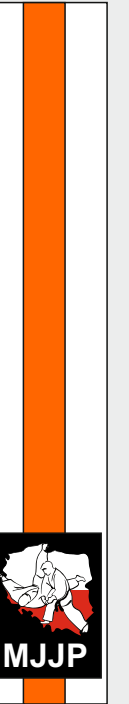
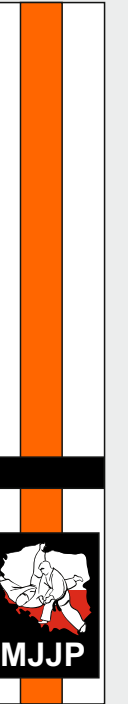
# STOPNIE UCZNIOWSKIE

## SYSTEM MŁODZIEŻOWY (10-15 lat)



# STOPNIE UCZNIOWSKIE

## SYSTEM DZIECIĘCY (do 10 lat)

|                                                                                   |                                                                                    |                                                                                    |                                                                                    |                                                                                    |                                                                                    |                                                                                     |                                                                                      |                                                                                      |                                                                                      |                                                                                      |                                                                                      |                                                                                      |                                                                                      |
|-----------------------------------------------------------------------------------|------------------------------------------------------------------------------------|------------------------------------------------------------------------------------|------------------------------------------------------------------------------------|------------------------------------------------------------------------------------|------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------|
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 10 KYU<br>1 ZAL.                                                                  | 10 KYU<br>2 ZAL.                                                                   | 10 KYU<br>3 ZAL.                                                                   | 10 KYU<br>4 ZAL.                                                                   | 9 KYU<br>1 ZAL.                                                                    | 9 KYU<br>2 ZAL.                                                                    | 9 KYU<br>3 ZAL.                                                                     | 9 KYU<br>4 ZAL.                                                                      | 8 KYU<br>1 ZAL.                                                                      | 8 KYU<br>2 ZAL.                                                                      | 8 KYU<br>3 ZAL.                                                                      | 8 KYU<br>4 ZAL.                                                                      | 7 KYU<br>1 ZAL.                                                                      | 7 KYU<br>2 ZAL.                                                                      |

# STOPNIE UCZNIOWSKIE

## SYSTEM DZIECIĘCY (do 10 lat)

